

Training Day

Date: 2nd January 10am – 4pm

Contact Information

Name

Address.....

.....

Date of Birth **Left or Right Handed (Please Circle)**

Parents/Guardian Name.....

Contact telephone numbers.....

Email.....

In order to comply with the requirements of the Data Protection Act we need your written permission to store your child/ren's name and address details on the Cobham Fencing Club's Database. Personal details of all members are not disclosed to any third party

From time to time registered members of staff and volunteers directed by the club coaches may take photographs, or video:

- For training purposes to encourage and as a learning tool
- To endorse Cobham Fencing club on promotional materials including web, club noticeboard, newsletters etc (we will advise you where and how images will be used)

Medical Information: Please indicate any medical information that may affect your participation in high intensity exercise and note any medication that you will have with you.

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I have read and understood the above information

Signature Date

(Parent or Guardian)

Venue: Cobham Village Hall, Lushington Drive, Cobham, KT11 2LU

Date: Tuesday 2nd January 2018

Time: 10am – 4pm

Cost: £60

The course will cover the following areas:

Warm up – Games – Footwork – Agility training – Technical moves – Line lessons/Lessons
– Tactics – Armoury – Electric Fencing – Competition preparation.

Games

Halfway through the training session we will break for lunch. Please provide a packed lunch for your child and make sure they bring plenty of water.

Please make an electronic transfer to the club account – email me for details.

To reserve your child's place, please email me asap. If you have not previously filled out a form then please hand to me or post the booking form to:

Marc Bengry, 29 Hamilton Avenue, Cobham, Surrey, KT11 1AU.

Kind regards

Marc Bengry
Fencing Coach
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www.cobhamfencingclub.co.uk
Telephone No: 07932 767 535